

| Case Logs 2018-19 - Quick Reference | |
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| Use the quick reference to familiarize yourself with the lists of required encounters and procedures | |
| Goal - Number of Encounters/ Procedures | |
| Real - R must be a real patient | |
| Level - Minimum level of involvement | |
| A - Observe procedure | |
| B - Perform with assistance or assist someone | |
| C - Perform independently | |

Encounters or procedures marked with an asterisk (*) may be difficult to guarantee on one rotation. They may be achieved on a prior or future rotation. If seen on a prior rotation, you may log it as it was seen on the current rotation. If not achieved on current rotation, you may leave blank until achieved. All case logs must be completed no later than 6 weeks of the end of Year 3.

| PSYCHIATRY | | | | |
|--|------|------|-------|---|
| Encounters | Goal | Real | | |
| anxiety disorder/ symptoms | 2 | R | | |
| childhood behavioural disorder | 1 | R | | |
| delirium OR dementia | 1 | R | | |
| mood - bipolar mania or bipolar depression | 1 | R | | |
| mood - depression | 1 | R | | |
| personality disorders | 1 | R | | |
| psychotic disorder (NOT schizophrenia) | 1 | R | | |
| schizophrenia | 1 | R | | |
| substance abuse - alcohol or drug | 1 | R | | |
| Total | 10 | | | |
| Procedures | Goal | Real | Level | |
| assessment of capacity | 1 | | | A |
| assessment of child & family | 1 | | | A |
| assessment of violence/ agitation | 1 | | | A |
| ECT | 1 | | | A |
| medication monitoring | 1 | | | A |
| MMSE or MOCA | 1 | R | | B |
| legal certification forms | 1 | | | B |
| suicide risk assessment | 2 | R | | B |
| Total | 9 | | | |

| EMERGENCY MEDICINE | | | | |
|--------------------------------|------|------|-------|---|
| Encounters | Goal | Real | | |
| abdominal pain | 1 | R | | |
| altered level of consciousness | 1 | | | |
| anaphylaxis/allergic reaction | 1 | | | |
| arrhythmia | 1 | | | |
| chest pain | 1 | R | | |
| first trimester bleeding | 1 | | | |
| fracture/ sprain | 1 | R | | |
| headache | 1 | | | |
| hypotension/ shock | 1 | | | |
| overdose/ toxicology | 1 | | | |
| seizures | 1 | | | |
| shortness of breath | 1 | R | | |
| trauma | 1 | | | |
| Total | 13 | | | |
| Procedures | Goal | Real | Level | |
| airway assessment/ management | 1 | | | C |
| casting/ splinting | 1 | R | | C |
| CXR interpretation | 1 | R | | C |
| ECG interpretation | 1 | R | | C |
| extremity x-ray interpretation | 1 | R | | C |
| suturing/ knot tying | 1 | R | | C |
| Total | 6 | | | |

| OBSTETRICS & GYNAECOLOGY | | | | |
|---|------|------|-------|---|
| Encounters | Goal | Real | | |
| abnormal vaginal bleeding (pre or post-menopausal) | 1 | R | | |
| adnexal/ pelvic mass | 1 | R | | |
| bleeding in pregnancy (≥ 20 wks.) | 1 | R | | |
| contraceptive methods | 1 | R | | |
| fetal well being issues (includes genetic screening) | 1 | R | | |
| first or early second trimester complications (< 20 wks.) | 1 | R | | |
| genital tract infections/ vaginal discharge | 1 | R | | |
| hypertension in pregnancy | 1 | R | | |
| infertility/ recurrent pregnancy loss* | 1 | R | | |
| labour progress (normal or abnormal) | 1 | R | | |
| menopause and urogenital aging | 1 | R | | |
| obstetrical emergency (e.g. PPH, shoulder dystocia) | 1 | R | | |
| Pap test counselling re: abnormal | 1 | | | |
| pelvic pain/ dyspareunia/ dysmenorrhea | 1 | R | | |
| postpartum complication | 1 | R | | |
| preterm labour &PPROM | 1 | R | | |
| sexual history | 1 | R | | |
| Total | 17 | | | |
| Procedures | Goal | Real | Level | |
| bimanual pelvic exam | 1 | R | | B |
| cultures - vagina and/or cervix | 1 | R | | B |
| fetal heart rate by dopstone | 1 | R | | B |
| fetal heart rate tracing interpretation | 1 | R | | B |
| Pap test | 1 | R | | C |
| placental delivery and examination | 1 | R | | B |
| prenatal exam - leopold manoeuvres, symphysis fundal height | 1 | R | | B |
| speculum insertion* | 3 | R | | B |
| spontaneous vaginal delivery | 1 | R | | B |
| Total | 11 | | | |

* May be achieved in another course, e.g., Family Medicine



| FAMILY & COMMUNITY MEDICINE | | | |
|--|------|------|-------|
| Encounters | Goal | Real | |
| abdominal pain | 1 | R | |
| anxiety disorders/ symptoms | 1 | R | |
| asthma | 1 | R | |
| chest pain | 1 | R | |
| contraceptive methods | 1 | | |
| coronary artery disease | 1 | R | |
| cough/ dyspnea | 1 | R | |
| diabetes mellitus - type 2 | 1 | R | |
| dizziness | 1 | R | |
| fatigue | 1 | R | |
| female preventive health exam | 1 | R | |
| fever | 1 | R | |
| headache | 1 | R | |
| hypertension | 1 | R | |
| low back pain | 1 | R | |
| male preventive health exam | 1 | R | |
| mood - depression | 1 | R | |
| palliative care | 1 | | |
| prenatal care | 1 | R | |
| well baby/ child care | 1 | R | |
| Interact with a patient at least twice | 1 | R | |
| Total | 21 | | |
| Procedures | Goal | Real | Level |
| pediatric immunization | 1 | R | C |
| speculum exam* | 1 | R | C |
| throat swab | 1 | R | C |
| ABCDEs of melanoma | 1 | R | A |
| Total | 4 | | |

* May be achieved in another course, e.g., Obstetrics and Gynaecology

| SURGERY | | | |
|--------------------------------|------|------|-------|
| Encounters | Goal | Real | |
| acute abdomen* | 1 | R | |
| postoperative electrolyte mana | 1 | R | |
| postoperative fever | 1 | R | |
| postoperative urine output ma | 1 | R | |
| trauma | 1 | | |
| tumour/ malignancy | 1 | R | |
| wound care | 1 | R | |
| Total | 7 | | |
| Procedures | Goal | Real | Level |
| casting/ splinting | 1 | | C |
| foley catheter insertion | 1 | R | B |
| laparotomy/ laparoscopy | 1 | R | B |
| suturing/ knot tying | 1 | R | B |
| wound closure/ dressing | 1 | R | B |
| Total | 5 | | |

* May be achieved in another course, e.g., Emergency Medicine, Obstetrics and Gynaecology, Paediatrics, Medicine

| OPHTHALMOLOGY | | | |
|--------------------------|------|------|-------|
| Encounters | Goal | Real | |
| eye pain | 1 | R | |
| red eye | 1 | R | |
| vision loss | 1 | R | |
| Total | 3 | | |
| Procedures | Goal | Real | Level |
| eye fundoscopy | 2 | R | C |
| pupillary examination | 2 | R | C |
| slit lamp examination | 2 | R | B |
| visual acuity assessment | 2 | R | C |
| Total | 8 | | |



| ANAESTHESIA | | | |
|----------------------------------|-----------|------|-------|
| Encounters | Goal | Real | |
| acute pain management | 1 | R | |
| hypotension/shock | 1 | | |
| hypoxia/apnea | 1 | R | |
| preoperative assessment | 1 | R | |
| Total | 4 | | |
| Procedures | Goal | Real | Level |
| airway assessment | 1 | R | C |
| airway insertion | 1 | R | C |
| capnography interpretation | 1 | R | B |
| cardiac monitor - lead placement | 1 | R | B |
| cardiac monitor interpretation | 1 | R | B |
| endotracheal intubation | 1 | R | B |
| laryngeal mask insertion | 1 | R | B |
| mask ventilation | 1 | R | C |
| peripheral iv insertion | 1 | R | B |
| pulse oximetry interpretation | 1 | R | B |
| video laryngoscopy | 1 | R | A |
| Total | 11 | | |

| OTOLARYNGOLOGY | | | |
|----------------------------|----------|------|-------|
| Encounters | Goal | Real | |
| dizziness/ vertigo | 1 | R | |
| epistaxis | 1 | R | |
| hearing loss | 1 | R | |
| nasal obstruction | 1 | R | |
| neck mass | 1 | R | |
| Total | 5 | | |
| Procedures | Goal | Real | Level |
| flexible nasopharyngoscopy | 1 | R | A |
| otoscopy | 3 | R | C |
| Total | 4 | | |

| PAEDIATRICS | | | |
|-----------------------------------|-----------|------|-------|
| Encounters | Goal | Real | |
| abdominal pain | 1 | | |
| adolescent - focused history | 1 | R | |
| anemia | 1 | | |
| assessment of puberty | 1 | | |
| behavioural concerns | 1 | R | |
| chronic disease in childhood | 1 | R | |
| dehydration/ hydration assessment | 1 | R | |
| developmental concerns | 1 | R | |
| fever | 1 | R | |
| growth/ nutrition problems | 1 | | |
| heart murmur | 1 | | |
| neonatal jaundice | 1 | | |
| otitis media | 1 | | |
| rash | 1 | | |
| respiratory illness | 1 | | |
| seizures | 1 | | |
| urinary tract infection | 1 | | |
| well child care - newborn* | 3 | R | |
| Total | 20 | | |
| Procedures | Goal | Real | Level |
| plot growth parameters | 1 | R | C |
| throat swab* | 1 | R | C |
| Total | 2 | | |

* May be achieved in another course, e.g., Family Medicine

| MEDICINE | | | |
|---|-----------|------|-------|
| Encounters | Goal | Real | |
| acute chest pain | 1 | R | |
| acute kidney injury | 1 | R | |
| altered level of consciousness | 1 | R | |
| anemia | 1 | R | |
| chronic pain management | 1 | | |
| chronic kidney disease | 1 | R | |
| congestive heart failure | 1 | R | |
| COPD/ asthma | 1 | R | |
| diabetes mellitus | 1 | R | |
| electrolyte disturbance | 1 | R | |
| fever | 1 | R | |
| gastrointestinal bleeding | 1 | R | |
| hepatitis/hepatobiliary concern | 1 | | |
| hypertension | 1 | R | |
| pneumonia | 1 | R | |
| thromboembolism (acute or prevention) | 1 | R | |
| weakness/ paresis/ paralysis | 1 | R | |
| Total | 17 | | |
| Procedures | Goal | Real | Level |
| arterial and/or venous blood gas interpretation | 1 | R | C |
| code blue/ resuscitation* | 1 | R | A |
| CXR interpretation | 1 | R | C |
| ECG interpretation | 1 | R | C |
| family meeting for care planning | 1 | R | A |
| Total | 5 | | |

* May be achieved in another course, e.g., Anesthesia, Emergency Medicine

